

CAMBRIDGE SHOULDER

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Publications, Presentations & Lectures

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RESEARCH & EDUCATION

Medical research and education have led to the development of the current treatments and techniques that we use to treat patients today. They also represent the cornerstone by which further advances and evolutions in treatments will be made. Throughout my medical career I have been heavily involved, and greatly enjoyed, undertaking research projects and teaching. I am as passionate about these now as I have ever been.

Along with my NHS post as a Consultant Orthopaedic Surgeon at Addenbrooke's Hospital I am also an Honorary Clinical Fellow of Cambridge University which is based on my research and publication output. I have published multiple research papers and review articles in peer reviewed orthopaedic journals and have presented my work at national and international scientific meetings. I am regularly involved in education and teaching and have also been on the Faculty and taught at multiple national and international scientific meetings.

Below is a summary of my current research projects, my peer reviewed publications and presentations of my work that have been given at scientific meetings. Also a summary of the educational lectures that I have given, educational and scientific meetings on which I have been Faculty and meetings that I have convened and organized. Also, an educational resource, there are a number of narrated presentations on various aspects of shoulder and elbow surgery.

PUBLICATIONS – peer reviewed articles in scientific journals

<https://scholar.google.co.uk/citations?user=I5eGDVoAAAAJ&hl=en> ,
https://www.researchgate.net/profile/Graham_Tytherleigh-Strong ,
<https://www.ncbi.nlm.nih.gov/pubmed/?term=tytherleigh-strong>

- **Tytherleigh-Strong G**, Mulligan A, Babu S, See A, Al-Hadithy N. Digital tomography is an effective investigation for sternoclavicular joint pathology. *Eur J Orthop Surg Traumatol* 2019;
- **Tytherleigh-Strong G**, Mulligan A. All-arthroscopic revision Eden-Hybinette procedure for failed coracoid transfer. *Arthrosc Tech* 2019;
- Titchener A, See A, Van Rensburg L, **Tytherleigh-Strong**. Displaced medial end clavicle fractures treated with and inverted distal clavicle plate contoured through 90 degrees. *JSES* 2018
- Mulligan A, **Tytherleigh-Strong G**. Heterotopic ossification following arthroscopic superior capsular reconstruction. *JSES* 2018;27(12)e380-e386
- Cardim C, Robba C, Matta B, **Tytherleigh-Strong G**, Kang N, Schmidt B, Donnelly J, Calviello L, Smielewski P, Czosnyka M. Cerebrovascular assessment of patients undergoing shoulder surgery in beach chair position using multiparameter transcranial Doppler approach. *J Clin Monit Comput* 2018;

- Edwin J, Ahmed s, Verma S, **Tytherleigh-Strong G**, Karuppaiah K. Swellings of the sternoclavicular joint: review of traumatic and non-traumatic causes. *EFFORT Open Reviews* 3(8), 471-484
- **Tytherleigh-Strong G**, Titchener A, Pecheva M. Treatment of first-time anterior dislocation of the sternoclavicular joint with surgical repair of the anterior capsule augmented using an internal brace. *O J Sport Med* 2018;6(7)
- Gill J, **Tytherleigh-Strong G**. Osteochondritis dissecans with associated secondary synovial chondromatosis in an adolescent shoulder. *Shoulder & Elbow* 2018
- **Tytherleigh-Strong G**, Van Rensburg L. Arthroscopic excision of the sternoclavicular joint. *Arthrosc Tech* 2018;6(5)
- **Tytherleigh-Strong G**, Lawrence C, Rashid A, Morrissey D. Arthroscopic Sternoclavicular Joint Discectomy for Acute and Chronic Tears. *Arthroscopy* 2017;33(11):1965-1970
- Domos P, **Tytherleigh-Strong G**, Van Rensburg L. Increased wound complications with intramedullary screw fixation of clavicle fractures: Is it thermal Necrosis? *J Orth Surg* 2017;25(3):
- Gill J, Morrissey D, Van Rensburg L, **Tytherleigh-Strong G**. Sternoclavicular joint osteophytosis; a difficult diagnosis to swallow *BMJ Case Rep* 2017;
- **Tytherleigh-Strong G**, Rashid A, Lawrence C, Morrissey D. Arthroscopic intra-articular disk excision of the sternoclavicular joint. *Arthrosc Tech* 2017;6:e599-e605
- **Tytherleigh-Strong G**, Morrissey D. Failed Latarjet procedure treated with a revision bone block stabilization using a suture-button fixation. *J Shoulder Elbow Surg* 2017;26(4)e102-e108
- Lawrence C, East B, Rashid A, **Tytherleigh-Strong G**. The prevalence of Osteoarthritis of the Sternoclavicular Joint on Computerised Tomography. *J Shoulder Elbow Surg* 2017;26(1) e18-e22
- **Tytherleigh-Strong G**. Shoulder operations I no longer do. *J trauma Orthop* 2017;5.1.28
- Rashid A, Lawrence C, **Tytherleigh-Strong G**. Surgical Treatment of a concurrent type 5 acromioclavicular joint dislocation and a failed anterior glenohumeral joint stabilization. *Shoulder & Elbow* 2016

- Brownson P, Donaldson O, Fox M, Rees J, Rangan A, Jaggi A, **Tytherleigh-Strong G**, McBirnie J, Thomas M, Kulkarni R. Traumatic anterior shoulder instability. *Shoulder & Elbow* 2015; 7(3): 214-226
- Ali E, Griffiths D, Obi N, **Tytherleigh-Strong G**, Van Rensburg L. Nonoperative treatment of humeral shaft fractures revisited. *J Shoulder Elbow Surg* 2015; 24(2) 210-214
- Imam S, Lowe A, **Tytherleigh-Strong G**. Sternoclavicular joint arthritis – open and arthroscopic resection. *Op Tech Sport Med* 2014; 22(3) 253-259
- **Tytherleigh-Strong G**. Arthroscopic Bristow-Latarjet procedure. *Op Tech Sport Med* 2013; 21: 254-260
- Ahmad Z, Brooks R, Kang SN, Weaver H, Nunney I, **Tytherleigh-Strong G**, Rushton N. The effect of platelet-rich plasma on clinical outcomes in lateral epicondylitis. *Arthroscopy* 2013; 29(11) 1851-1862
- Ahmad Z, Henson F, Wardale J, Noorani A, **Tytherleigh-Strong G**, Rushton N. Review Article: Regenerative techniques for repair of rotator cuff tears. *J Orthop Surg (HK)* 2013;21: 226-31
- Ahmad Z, Siddiqi N, Malik S, **Tytherleigh-Strong G**, Rushton N. Lateral Epicondylitis – a review of pathology and management. *Bone Joint J* 2013;95-B: 1158-64
- **Tytherleigh-Strong G**, Griffith D. Arthroscopic excision of the sternoclavicular joint for the treatment of sternoclavicular osteoarthritis. *Arthroscopy* 2013; 29: 1487-91
- **Tytherleigh-Strong G**. Sternoclavicular joint arthroscopy. *Bone & Joint* 360 2013; 2: 35-36
- Das A, Rollins KE, Elliott K, Johnston P, Van-Rensburg L, **Tytherleigh-Strong G**, Ollivier BJ. Early versus delayed operative intervention in displaced clavicle fractures. *J Orthop Trauma* 2014;28(3) 119-123
- Ostör AJ, Richards CA, **Tytherleigh-Strong G**, Bearcroft PW, Prevost AT, Speed CA, Hazleman BL. Validation of clinical examination versus magnetic resonance imaging and arthroscopy for the detection of rotator cuff lesions. *Clin Rheumatol* 2013;
- Ahmad Z, Brooks R, Henson F, Wardale J, Abdus-Samee M, Noorani A, **Tytherleigh-Strong G**, Rushton N. When sheep play tennis. *Br J Surg* 2013; 100: 30-32
- **Tytherleigh-Strong G**. Arthroscopy of the sternoclavicular joint. *Arthrosc Tech* 2013;2(2):e 141-5
- Rahman J, Menan A, **Tytherleigh-Strong G**. Subclavian vein thrombosis following acute internal fixation of the clavicle. *Shoulder & Elbow* 2013;5: 108-110

- Wijeratna M, Turmezei T, **Tytherleigh-Strong G**. A novel assessment of the sternoclavicular joint with computed tomography for planning interventional approach. *Skeletal Radiol* 2013; 42: 473-478
- Wijeratna M, Pace A, Kent M, Van Rensburg L, **Tytherleigh-Strong**. Arthroscopic radial head excision in managing elbow trauma. *Int Orth* 2012;36:2507-12
- Ahmad Z, Brooks R, Wardale J, Henson F, Arshad K, Ghose S, Noorani A, **Tytherleigh-Strong G**, Rushton N. Tissue engineering for the rotator cuff. *J Tissue Engineering & Regen Med* 2012;
- **Tytherleigh-Strong G**, Getgood A, Griffiths D. Arthroscopic intra-articular disk excision of the sternoclavicular joint. *AmJSportMed* 2012; 40:1172 - 1175
- Gupta A, Getgood A, **Tytherleigh-Strong G**. Non-Union of an intra-articular fracture of the sternum. Doi 10.1016 / *Injury* 2011.04.007
- Jassim S, Ollivere B, Getgood A, **Tytherleigh-Strong G**. Patient perceptions of doctors' attire: how 'bare below the elbows' has impacted upon the doctor-patient relationship. *J Hosp Infection* 2010; 76:55
- Johnston P, Loveday D, Arthur A, **Tytherleigh-Strong G**. Frozen shoulder: a clinical review. *Br J Hosp Med (Lond)* 2009; 70(5): 120 - 127
- Loveday D, Arthur A, **Tytherleigh-Strong G**. Technical tip: Fixation of medial malleolar fractures using a suture anchor. *Foot & Ank Int* 2009; 30 (1): 80 - 81
- Cheung A, Van Rensburg L, **Tytherleigh-Strong G**. Surgical versus conservative interventions for treating fractures of the middle third of the clavicle. The Cochrane Library, Issue 3, 2008 Oxford.
- **Tytherleigh-Strong G**, Miniaci A. Fixation of unstable Osteochondritis Dissecans lesions of the knee using autogenous osteochondral grafting (Mosaicplasty). *Arthroscopy* 2007; 23: 845-51
- Carey Smith R, MacNamara I, Thorisdottir V, **Tytherleigh-Strong G**. Irreducible anterior dislocation of the shoulder with associated avulsion of the lesser tuberosity. *Injury* 2007; 38: 219-21
- McCullough C, Remedios D, **Tytherleigh-Strong G**, Hua J, Walker P. The use of hydroxyapatite coated CAD-CAM femoral components in adolescents and young adults with inflammatory polyarthropathy. Ten year results. *J Bone Joint Surg* 2006; 88(7): 860-4

- **Tytherleigh-Strong G**, Hurtig M, Miniaci A. Winner of John Joyce Award: Intra-articular Hyaluronan supplementation following autogenous osteochondral grafting (Mosaicplasty™) of the knee. *Arthroscopy* 2005; 21(8): 999-1005
- **Tytherleigh-Strong G**, Hooper G. The classification of phocomelia *J Hand Surg [Br]* 2003;28(3): 215-7
- Handoll H, McBirnie J, **Tytherleigh-Strong G**, Farrar M, Awal A, Milne A, Gillespie W. Prophylaxis using heparin, low molecular weight heparin and physical methods against deep vein thrombosis and pulmonary embolism in hip fracture surgery. The Cochrane Library, Issue 5, 2003 Oxford: Update Software
- **Tytherleigh-Strong G**, Levy O, Copeland S. The Role of Arthroscopy for the Problem Shoulder Arthroplasty. *J Shoulder & Elbow Surgery* 2002; 11(33): 230-4
- **Tytherleigh-Strong G**, Thomas S, Dodds R. Adductor Myositis as a cause of childhood hip pain. *J Paed Orth (B)* 2002; 11(2): 117-20
- Handoll H, McBirnie J, **Tytherleigh-Strong G**, Farrar M, Milne A, Gillespie W. Heparins and some mechanical pumping devices may help prevent blood clots forming in the legs after surgery for hip fracture surgery. *Health* 2002; 23: 1124 - 29
- **Tytherleigh-Strong G**, Gill J, Sforza G, Levy O, Copeland S. Re-ossification and fusion across the acromioclavicular joint following arthroscopic acromioplasty and distal clavicle resection. *Arthroscopy* 2001; 17(9): E36
- **Tytherleigh-Strong G**, Freedman L. New patient non-attendance at orthopaedic outpatient clinics. *Ann R Coll Surg Eng* 2001; 84: 338-40
- Thomas S, **Tytherleigh-Strong G**, Dodds R. Pyomyositis of the iliocostalis muscle. *J Bone Joint Surg* 2001; 83-B: 619-620
- **Tytherleigh-Strong G**, Hirahara A, Miniaci A. Massive rotator cuff tears. *J Can Orth Assoc* 2001; 52-1: 25-27
- **Tytherleigh-Strong G**, Hirahara A, Miniaci A. Rotator cuff disease. *Curr Opin Rheum* 2001; 13: 135-145
- **Tytherleigh-Strong G**, Baxandall R, Unwin A. Rupture of the extensor retinaculum of the ankle. *J Roy Soc Med* 2000; 93: 638-670
- **Tytherleigh-Strong G**, Hampton R, McCullough C. Carpo-metacarpal arthritis of the thumb. *Current Orthop* 1999; 13-4: 302-308
- **Tytherleigh-Strong G**, Catarino P. Virtual football: real injuries. *BMJ* 1999; 319: 1312

- Handoll H, McBirnie J, **Tytherleigh-Strong G**, Farrar M, Awal A, Milne A, Gillespie W. Prophylaxis using heparin, low molecular weight heparin and physical methods against deep vein thrombosis and pulmonary embolism in hip fracture surgery. The Cochrane Library, Issue 4, 1998 Oxford: Update Software
- McLauchlan G, **Tytherleigh-Strong G**. The treatment of acute and chronic Achilles tendinitis. The Cochrane Library, Issue 4, 1998 Oxford: Update Software
- **Tytherleigh-Strong G**, Walls N, McQueen M. The epidemiology of humeral shaft fractures. *J Bone Joint Surg* 1998; 80-B: 249-53
- Stewart K, **Tytherleigh-Strong G**, Quaba A. The soft tissue management of open tibial fractures in children. *J R Coll Surg Ed* 1998; 43: 103-105
- **Tytherleigh-Strong G**, Keating J, Court-Brown C. Extra-articular fractures of the proximal tibial diaphysis: Their epidemiology, management and outcome. *J R Coll Surg Ed* 1997; 42-3:122–125
- **Tytherleigh-Strong G**, Nutton R. Autogenous bone-patella tendon-bone donor site morbidity in anterior cruciate ligament reconstruction. *J Bone Joint Surg* 1996; 7B: 169-70
- **Tytherleigh-Strong G**, McQueen M. Fractures of the tibial shaft. *Surgery* 1996; 14-10: 229 –235
- **Tytherleigh-Strong G**, Skepper J, Ellis H. Peritoneal response to trauma in the laboratory rat: an electron microscopic study. *Clin Anat* 1994; 7-3: 164 – 6
- Macfarlane J, **Tytherleigh-Strong G**, McIntyre I. Palpation of distal leg pulses with Doppler ultrasound correlation. *Clin Anat* 1994; 7-1: 56-7

ACCEPTED PUBLICATIONS

- Ahmad Z, **Tytherleigh-Strong G**. Tissue engineering for the rotator cuff. *J Orthop Surg*
- Martetschlager F, **Tytherleigh-Strong G**. Arthroscopic excision of the sternoclavicular joint. Chapter *in* An atlas of advanced shoulder arthroscopy

SUBMITTED PUBLICATIONS

- Al-Hadithy N, **Tytherleigh-Strong G**. Recurrent acromioclavicular joint dislocation with an associated coracoid fracture following acromioclavicular joint reconstruction. *JSES*

- **Tytherleigh-Strong G**, Gill J, Mulligan A, Al-Hadithy N. Arthroscopic excision arthroplasty of the sternoclavicular joint for osteoarthritis: a case-series of 50 patients with a minimum 2 year follow-up. *Arthroscopy*
- Griffiths E, Al-Hadithy N, **Tytherleigh-Strong G**. Arthroscopic superior medial scapuloplasty for snapping scapula: Outcomes a minimum of 2 years follow-up. *Arthroscopy*

BOOK CHAPTERS

- **Tytherleigh-Strong G**. Pectoral Girdle & Upper Limb, Chapters 46 – 49 eds. *Gray's Anatomy 40th Edition*. London: Elsevier, 2008
- **Tytherleigh-Strong G**. Sternoclavicular Joint Injuries *in* Textbook of Shoulder Surgery

COCHRANE COLLABORATION – Review Groups

- Handoll HH, **Tytherleigh-Strong G**, Van Rensburg L
Interventions for treating proximal humeral fractures in adults
- **Tytherleigh-Strong G**, Van Rensburg L, Cheung A
The management of middle third humeral shaft fractures in adults (*protocol stage*)

COMMISSIONING GUIDELINES

- Commissioning Guide: Subacromial Shoulder Pain NICE Accredited 2014– contributing author

BOOK REVIEWS

- **Tytherleigh-Strong G**. The cowboy's guide to advanced shoulder arthroscopy. Burkhart S, Lo. *J Bone Joint Surg* 2007; 89: 143
- **Tytherleigh-Strong G**. Disorders of the shoulder: diagnosis and management. Iannotti J, Williams G. *J Bone Joint Surg* 2007; 89

FURTHER OPINION

- **Tytherleigh-Strong G.** Further Opinion on 'Fracture of the humerus: an epidemiological study of 401 fractures'. Ekholm et al. *J Bone Joint Surg B* 2006; 88: 1469-73. www.jbjs.org.uk
- **Tytherleigh-Strong G.** Further Opinion on 'Interscalene infusion and single injection using levobupivacaine for analgesia after surgery of the shoulder: a double-blind, randomised controlled trial'. Keane et al. *J Bone Joint Surg B* 2006; 88: 1173-77.

EDITORIAL APPOINTMENTS

- | | |
|---|---------------------------------|
| • Bone & Joint 360 | - Editorial Board |
| • Journal of Bone and Joint Surgery | - Reviewer for Shoulder & Elbow |
| • Journal of Shoulder and Elbow Surgery | - Reviewer |
| • Shoulder & Elbow | - Reviewer |
| • American Journal of Sports Medicine | - Reviewer |

PRESENTATIONS AT SCIENTIFIC MEETINGS

- A pilot cohort comparison study of novel surgical techniques for irreparable cuff tears
See A, Barrett M, **Tytherleigh-Strong G**, Kang N
BESS Annual Meeting, Coventry - June 2017 (AS)
- The effects of the beach-chair position on cerebral haemodynamics and non-invasive ICP in patients undergoing shoulder surgery
Cardim D, Robba C, **Tytherleigh-Strong G**, Donnelly J, Matta B, Czymonkya M
ICP 16th International Symposium, Cambridge (USA) - June 2016 (DC)
- Arthroscopic Sternoclavicular Joint Discectomy for Acute and Chronic Tears
Lawrence C, **Tytherleigh-Strong G**
AANA Meeting, Boston - April 2016 (CL)
BESS Annual Meeting, Dublin - June 2016
- Arthroscopic partial scapulectomy for the treatment of snapping scapula
Griffith E, **Tytherleigh-Strong G**
SECEC Meeting, Milan - Sept 2015 (EG)
AANA Meeting, Boston - April 2016 (EG)
BESS Annual Meeting, Dublin - June 2016
- The arthroscopic Latarjet: Is it a safe, reproducible and acceptable procedure
Kenyon P, McClean J, Ravenscroft M, **Tytherleigh-Strong G**
BESS Annual Meeting, Nottingham - June 2014 (PK)
- When sheep play tennis – an-in-vivo experience
Ahmad Z, **Tytherleigh-Strong G**
EFFORT Annual Meeting, London - June 2013 (ZA)
- The Boyd interval for acute elbow trauma – adapting the Wrightington approach
Robinson P, Dattani R, **Tytherleigh-Strong G**, Van Rensburg L
British Trauma Society Meeting, Edinburgh - Aug 2013 (PR)
- I-Phone goniometer for elbow range of motion
Dattani R, Robinson P, **Tytherleigh-Strong G**, Van Rensburg L
BESS Annual Meeting, Leicester - Jun 2013 (RD)
- Deep vein thrombosis following fixation of acute clavicular fractures
Rhaman J, Menan A, **Tytherleigh-Strong G**
World Sports Trauma Congress, London - Oct 2012 (JR)
- Tissue engineered extruded collagen graft for tendon repair
Ahmed Z, Wardale J, Brooks R, Henson, **Tytherleigh-Strong G**, Rushton N
BOA Annual Congress, Manchester - Sept 2012 (ZA)

- Augmentation of the rotator cuff using a novel tendon graft using Platelet Rich Plasma
Ahmed Z, Wardale J, Brooks R, Henson, **Tytherleigh-Strong G**, Rushyon N
BOA Annual Congress, Manchester - Sept 2012 (ZA)
- Outcome of wound complications following open reduction and internal fixation of clavicles
Domos P, **Tytherleigh-Strong G**, Van Rensburg L
BESS Annual Meeting, Torquay - June 2012 (PD)
- Arthroscopy of the sternoclavicular joint
Griffith D, Getgood A **Tytherleigh-Strong G**
AANA Annual Meeting, Orlando - May 2012
- The non-operative management of humeral shaft fractures revisited
Griffiths D, Young L, Obi N, Nikolau S, **Tytherleigh-Strong G**, Van Rensburg L
Combined Services Meeting, Derriford - March 2012 (DG)
BESS Annual Meeting, Torquay - June 2012 (DG)
- Acute versus late intervention in clavicle fractures
Ollivere B, Johnston P, Van Rensburg L, **Tytherleigh-Strong G**
BTS Annual Meeting, Leeds - May 2012
BOA Annual Meeting, Dublin - Sept 2011 (BO)
ATA Annual Meeting, San Antonio - Oct 2011 (BO)
- The relevant anatomy of the sternoclavicular joint in relation to arthroscopic surgical approaches
Wijeratna M, Turmezei T, **Tytherleigh-Strong G**
British Elbow & Shoulder Society Meeting, Newcastle - June 2011 (MW)
(Winner of Best Presentation Prize)
- The impact of a dedicated elderly care unit on the management of patients sustaining a neck of femur fracture
Mankia S, Vindelacherva M, **Tytherleigh-Strong G**
National Osteoporosis Society Meeting, Liverpool - Nov 2010 (SM)
- Sternoclavicular arthroscopy
Dennell LV, Getgood A, **Tytherleigh-Strong G**
British Elbow & Shoulder Society Meeting, London - June 2009
AAOS Annual Meeting, New Orleans - Mar 2010
- Arthroscopic radial head excision in the management of elbow trauma
Kent M, Van Rensburg L, **Tytherleigh-Strong G**
British Elbow and Shoulder Society Meeting, Liverpool - June 2008
AAOS Annual Meeting, Las Vegas - Feb 2009
ISAKOS, Japan - Apr 2009

- Reasons for failure after anterior shoulder instability surgery
Arthur A, Getgood A, **Tytherleigh-Strong G**
British Elbow and Shoulder Society Meeting, Liverpool - June 2008
AAOS Annual Meeting, Las Vegas - Feb 2009
ABC Fellows Meeting, Cambridge - May 2009
- Modified arthroscopic transglenoid stabilisation of the shoulder
Getgood A, Arthur A, **Tytherleigh-Strong G**
British Elbow and Shoulder Society Meeting, Liverpool - June 2008
ISAKOS, Japan - Apr 2009
- Revision arthroscopic shoulder stabilisation: indications and results.
Tytherleigh-Strong G, Getgood A, Carey-Smith R
EFORT, Florence - May 2007
Japanese Orthopaedic Association, Kyoto - May 2007
ISAKOS, Florence - May 2007 (AG)
- Indications for revision arthroscopic stabilisation in the management of failed primary shoulder stabilisation.
Tytherleigh-Strong G, Carey-Smith R
British Elbow and Shoulder Society Meeting, Edinburgh - May 2006
- Modified transglenoid arthroscopic stabilisation for recurrent dislocation of the shoulder.
Tytherleigh-Strong G, Kanabar P
British Elbow and Shoulder Society Meeting, Cambridge - July 2005
ABC Travelling Fellows Meeting, Cambridge - Aug 2005
- Intra-articular Hyaluronic Acid supplementation following autogenous osteochondral grafting (mosaicplasty) of the knee.
Tytherleigh-Strong G, Miniaci A, Hurtig M
International Cartilage Research Society, Toronto - June 2002
American Academy of Orthopaedic Surgeons, New Orleans - Feb 2003
American Orthopaedic Society for Sports Medicine, New Orleans - Feb 2003
International Society of Arthroscopy, Knee Surgery & Orthopaedic Sports Medicine, Auckland - Mar 2003
(Winner of John Joyce Award for best Scientific Paper)
- A comparison of metallic anchors and bioabsorbable tacks for rotator cuff disease
Changor A, **Tytherleigh-Strong G**, Runciman J, Hurtig M, Miniaci A
Canadian Orthopaedic Association, Winnipeg - Oct 2003
- Comparison of the load to failure of a cannulated tack (Suretac II) and a suture anchor (Mitek) in rotator cuff repair.
Tytherleigh-Strong G, Miniaci A, Myerthall S
Canadian Orthopaedic Association, London - June 2001

- American Orthopedic Society for Sports Medicine, Colorado* - July 2001
ESSKA Meeting, Rome - April 2002
International Cartilage Research Society, Toronto - June 2002
ISAKOS, Auckland - Mar 2003
- Arthroscopic autogenous osteochondral graft fixation (mosaicplasty) of unstable osteochondritis dissecans lesions of the knee.
Tytherleigh-Strong G, Miniaci A, Hirahara A, Hurtig M
Canadian Orthopaedic Association, London - June 2001
American Orthopedic Society for Sports Medicine, Colorado - July 2001
British Orthopaedic Association, Birmingham - Sept 2001
American Academy of Orthopaedic Surgeons, Dallas - Feb 2002
ESSKA Meeting, Rome - April 2002
ISAKOS, Auckland - Mar 2003
- The role of shoulder arthroscopy for the problem shoulder arthroplasty.
Tytherleigh-Strong G, Levy O, Sforza G, Copeland S
American Academy of Orthopaedic Surgeons, San Fransisco - Mar 2001
8th International Congress of Shoulder Surgery, Cape Town - April 2001 (OL)
ISAKOS, Montreux - May 2001
British Orthopaedic Association, Birmingham - Sept 2001
- Thermal capsulorrhaphy for multidirectional instability.
Tytherleigh-Strong G, Miniacia A, McBirnie J
American Orthopedic Society for Sports Medicine, Colorado - July 2001
- Latissimus Dorsi transfer for massive rotator cuff tears.
Tytherleigh-Strong G, Hirahara A, Miniaci A
Canadian Orthopaedic Association, London - June 2001
- Arthroscopic glenoplasty.
 Miniaci A, **Tytherleigh-Strong G**, Hirahara A
Arthroscopy Association of North America, Seattle - April 2001(AM)
Canadian Orthopaedic Association, London - June 2001
- The treatment of unstable OCD lesions of the knee in humans and racehorses using autogenous osteochondral grafts.
Tytherleigh-Strong G, Hurtig M
American Veterinary Orthopaedic Society, Lake Louise - Feb 2001
- Knee flexion versus extension: a prospective study of anterior cruciate ligament graft fixation.
 Myerthall S, Moro J, **Tytherleigh-Strong G**, Hirahara a, Miniaci A
Orthopaedic Kennedy Day, Toronto - Oct 2000
Canadian Orthopaedic Association, London - June 2001(by SM)

- Total knee arthroplasty using the PFC system in patients suffering from Juvenile Idiopathic Arthritis.
Tytherleigh-Strong G, Unwin A, Swann M
Rheumatoid Arthritis Surgical Society, Windsor - April 2000
- Total hip replacement using a CAD-CAM femoral prosthesis in patients suffering from Juvenile Idiopathic Arthritis.
Tytherleigh-Strong G, Hua J, McCullough C, Walker P
Rheumatoid Arthritis Surgical Society, Windsor - April 2000
European Federation of Associations of National Associations of Orthopaedics, Brussels - June 1999
- Adductor myositis as a cause of childhood hip pain.
Tytherleigh-Strong G, Thomas S, Dodds R
Royal Society of Medicine, London - March 2000
- Shoulder injuries in sportsmen.
Tytherleigh-Strong G, Unwin A
The Sports Medicine Group, Windsor - March 1999
- The soft tissue management of open tibial fractures in children.
 Stewart K, **Tytherleigh-Strong G**, Quaba A
British Association of Plastic Surgeons, London - Dec 1997 (KS)
Scottish and Irish Plastic Surgeons, - Oct 1997 (KS)
British Society for Children's Orthopaedic Surgery, Liverpool - July 1998
- The classification of phocomelia.
Tytherleigh-Strong G, Hooper G
British Society for Surgery of the Hand, Newcastle - April 1998
International Hand Surgery Society, Vancouver - May 1998
- Donor site morbidity in ACL reconstruction: Hamstring and patellar tendon.
Tytherleigh-Strong G, Nutton R
Knee Ligament Reconstruction Course, Edinburgh - August 1997
- Donor site morbidity in bone-patellar tendon-bone grafting in ACL reconstruction.
Tytherleigh-Strong G, Nutton R
British Orthopaedic Sports Trauma Association, London - April 1996
- Peritoneal adhesions: An electron microscopic study.
Tytherleigh-Strong G, Skepper J, Ellis H
British Association of Anatomy, York - Dec 1993
Surgical Symposium, Royal College of Surgeons, Edinburgh - March 1994
- The detection of distal limb pulses.

Tytherleigh-Strong G, MacFarlane J, McIntyre I
British Association of Anatomy, Liverpool

- May 1993

PRESENTATIONS AT INVITED MEETINGS

- Starting up in independent practice
- Arthroscopic Bankart repair
Shoulder Fellowship Course, Munich - Apr 2019
- Augmented cuff patches for rotator cuff repairs
- Anterior dislocation of the sternoclavicular joint
8th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Mar 2019
- Tendons & Ligaments: Biological Treatments for Tendon Repair
FRCS(Orth) Basic Science Course, Cambridge - Mar 2019
- Surgery for anterior shoulder instability
- Posterior shoulder instability
- Sternoclavicular joint instability
- Scapula dyskinesia
Shoulder Instability & Sports Injuries Course, Cambridge - Jan 2019
- Instructional Course Lecture: Surgical management of posterior shoulder instability
- Instructional Course Lecture: Patches for rotator cuff repairs
Saudi Arabian Orthopaedic Association Annual Meeting, Jeddah - Dec 2018
- How to undertake an arthroscopic shoulder stabilisation
- Rotator cuff tears: tear identification and surgical technique
Saudi Arabian Arthroscopy Course, Jeddah - Dec 2018
- Rotator cuff tears
Watanabe Advanced Shoulder Meeting, Watford - Nov 2018
- What to do with the biceps
- Starting up in independent practice
- Arthroscopic Bankart repair
Shoulder Fellowship Course, Munich - Oct 2018
- Key Note Lecture: Anterior shoulder instability: The management of bone loss
- The treatment of anterior glenoid bone loss
- The treatment of Hill-Sachs defects
SICOT, Montreal - Oct 2018
- Management of medial end clavicle fractures
SECEC, Geneva - Sept 2018
- Surgery for anterior shoulder instability
Shoulder Surgery Symposium, Watford - Sept 2018

- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
Elbow Arthroscopy Course, Cambridge - June 2018
- Massive rotator cuff tears: Repair strategies and technique
Shoulder Preservation Masterclass, Munich - June 2018
- Proximal humeral fractures: Tips & Tricks in head-conserving surgery
- Scapular fractures: Evaluation and treatment options
Surgical Management of Complex Shoulder Trauma, Berlin - June 2018
- Biceps Tenotomy and where to position the tenodesis
- Sternoclavicular joint instability
- Exploring the anterior compartment of the shoulder
2nd Dubai Shoulder Course, Dubai - Apr 2018
- Labral repair: Knotless all the way
- Rotator cuff tear patterns & double row repairs
Advanced Shoulder Instructional Course, Dubai - Apr 2018
- What to do with the biceps
- Starting up in private practice
- Management of anterior shoulder stability
Shoulder Fellowship Course, Munich - Apr 2018
- Tendons & Ligaments: Biological Treatments for Tendon Repair
FRCS(Orth) Basic Science Course, Cambridge - Feb 2018
- Anterior dislocation of the sternoclavicular joint
7th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Feb 2018
- Supraspinatus Repair: What can we expect as a long-term outcome 242
- Sternoclavicular Arthroscopy: Update
SICOT 38th International Meeting, Cape Town - Nov 2017
- Elbow Arthroscopy
- Anterior Approach to the Elbow
- Medial approach to the Elbow
- Lateral approach to the Elbow
- Management of Olecranon Fractures
- Distal Biceps Rupture
- Elbow Instability
Elbow Approaches & Trauma Masterclass, Cape Town - Nov 2017
- Sternoclavicular Joint Arthroscopy

- 45th Scientific Meeting of Percivall Pott Club, London* - Nov 2017
- The Throwing Shoulder and Associated Injuries
Leeds Sports medicine Conference, Leeds - Nov 2017
 - Posterior shoulder instability
 - The anterior compartment of the shoulder
Watanabe Advanced Shoulder Meeting, Watford - Nov 2017
 - Management of Shoulder Instability
 - Starting up in Private Practice
 - Management of the Long Head of Biceps
Shoulder Fellowship Course, Munich - Oct 2017
 - The stiff unstable shoulder
 - Progression from instability to OA
FISIC 2017, London - Sept 2017
 - Elbow stiffness, osteophyte debridement, capsular release and synovectomy
Elbow Arthroscopy Course, Cambridge - June 2017
 - Starting up in Private Practice
 - Management of the Long Head of Biceps
Shoulder Fellowship Course, Munich - June 2017
 - The Throwing Shoulder
London Shoulder Meeting, London - May 2017
 - Osteoarthritis of the Sternoclavicular Joint: Arthroscopic Management
ABC Travelling Fellows Meeting, Cambridge - May 2017
 - The Biceps
 - Superior Capsule Reconstruction
 - Anterior Shoulder Instability Surgery
UK Shoulder Masterclass, Munich - April 2017
 - Sternoclavicular Joint Injuries
 - Acromioclavicular Joint Injuries
 - Scapular Fractures
Irish Core-Orthopaedic Training Programme, Dublin - Mar 2017
 - Tendons & Ligaments: Biological Treatments for Tendon Repair
FRCS(Orth) Basic Science Course, Cambridge - Mar 2017
 - Sternoclavicular Joint Osteoarthritis: Arthroscopic Treatment

- 6th Shoulder Arthroscopy Live Shoulder Course, Birmingham* - Mar 2017

 - Lateral Approaches to the Elbow
 - Rupture of the Distal Biceps Tendon
- 4th Elbow Approaches and Trauma Masterclass, Cambridge* - Dec 2016

 - Biceps Transfer & the Anterior Compartment
 - Posterior Shoulder Dislocation; Arthroscopic Management
 - The Watanabe Society
- Watanabe Meeting, Cambridge* - Nov 2016

 - Knotless Instability Repair
- UK Shoulder Group Meeting, Munich* - Nov 2016

 - Optimising Rotator Cuff Repairs
 - Management of the Long Head of Biceps
 - Superior Capsule Reconstruction
- UK Shoulder Masterclass Course, Munich* - Oct 2016

 - Understanding Sports Trauma in The Upper Limb – Basic Science
- MCh Orth Course, Anglia Ruskin University, Cambridge* - Oct 2016

 - Scapula Fractures
 - Sternoclavicular Injuries
- Fingertip-to-Shoulder Course, Cambridge* - Oct 2016

 - Posterior Shoulder Dislocations
 - Biceps Tenodesis and the Anterior Compartment
 - Arthroscopy of the Sternoclavicular Joint
- Annecy Arthroscopic Arthroplasty Shoulder Academy, Annecy* - Sept 2016

 - The painful Biceps-Labral Complex: Tenotomy, Tenodesis, Transfer and beyond
- BESS Instructional Course, Dublin* - June 2016

 - Elbow stiffness, osteophyte debridement, capsular release and synovectomy
- Elbow Arthroscopy Course, Cambridge* - June 2016

 - Arthroscopic Latarjet: Results
- The “Stephen Copeland Memorial” Shoulder Meeting, Reading* - Mar 2016

 - Rotator Cuff Repairs
 - Sternoclavicular Arthroscopy
- 5th Shoulder Arthroscopy Live Surgery Course, Birmingham* - Mar 2016

 - Tendons & Ligaments and Biological repair

- Cambridge Basic Science Course, Cambridge* - Mar 2016
- Re:Live Surgery: Arthroscopic Latarjet
Steve Copeland memorial Meeting, Reading - Mar 2016
- Lateral Approaches to the Elbow
 - Rupture of the Distal Biceps Tendon
Elbow Approaches and Trauma Masterclass, Cambridge - Dec 2015
- The Anterior Shoulder & Management of the Long Head of Biceps
UK Shoulder Study Group, Munich - Nov 2015
- Posterior Shoulder Dislocation; Arthroscopic Management
Watanabe Meeting, York - Nov 2015
- Management of the Long Head of the Biceps and the Anterior Shoulder
Shoulder Surgery Update, Munich - Oct 2015
- Transitioning from Open to Arthroscopic Latarjet
 - Sternoclavicular Arthroscopy
Sports Surgery Meeting, Dublin - Sept 2015
- Acromioclavicular Joint Injuries
 - Management of Clavicle Fractures
 - Sternoclavicular Joint Injuries
Irish Core Orthopaedic Training Programme, Killenard, Ireland - July 2015
- Elbow stiffness, osteophyte debridement, capsular release and synovectomy
Cadaveric Elbow Arthroscopy Course, Cambridge - June 2015
- Rotator Cuff Repair Augmentation
 - Is the biceps important? Tenotomy or tenodesis
 - Are partial rotator cuff repairs worth doing?
 - Suprascapular nerve ablation
Rotator Cuff Masterclass, Liverpool - May 2015
- Shoulder Stabilisation
 - The Watanabe Society
Watanabe Meeting, Cambridge - Mar 2015
- Tendons & Ligaments and Biological repair
Cambridge Basic Science Course, Cambridge - Mar 2015
- Anterior Shoulder Dislocation: Management of the first time dislocator
4th Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2015

- Management of SC joint injuries and technique for arthroscopic excision
- An overview of chondral lesions in athletes: Presentation and early management
Sports Shoulder 14, Coventry - Dec 2014
- Arthroscopic Latarjet: Indications & Complications
Anterior Space Arthroscopy Meeting, Coventry - Nov 2014
- Arthroscopic Latarjet: Converting from open to arthroscopic
Watanabe Meeting, York - Nov 2014
- Total shoulder replacement
EFORT Forum, Limassol - Nov 2014
- Management of the first time dislocator
- Arthroscopic Bankart repair
- SLAP tears
- Management of bone loss in instability surgery
- The arthroscopic Latarjet procedure
- Converting from open to arthroscopic Latarjet
- Management of partial thickness rotator cuff tears
- Management of massive rotator cuff tears
- Sternoclavicular joint injuries
Cypriot Association of Orthopaedic Surg & Trauma, Limassol - Nov 2014
- Sternoclavicular Joint Arthroscopy
Sports Surgery Meeting, Dublin - Sept 2014
- Anterior dislocation – acute management
- SCJ injuries
The Edinburgh International Trauma Symposium, Edinburgh - Aug 2014
- Sternoclavicular & Acromioclavicular joint injuries
- *The Edinburgh International Instructional Trauma Course, Edinburgh*
- -Aug 2014
- What I have learnt so far
Young Guns Meeting, York - Jun 2014
- Tendons & Ligaments and Biological repair
Cambridge Basic Science Course, Cambridge - Mar 2014
- Surgical management of the proximal biceps
Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2014
- Sternoclavicular instability and arthritis: is there a place for arthroscopy?

- Norwegian Arthroscopy Association Meeting, Lillehammer* - Jan 2014
- First time stabilisation: choosing the right option
- Biceps tenodesis: choosing the best technique
- Failed subacromial decompression
- Shoulder controversies: failed arthroscopic surgery, York* - Dec 2013
- Proximal biceps
- What's new in the shoulder?, Munich* - Nov 2013
- Arthroscopic Latarjet: Converting from open, Why?
- Sternoclavicular OA; Surgical treatment
- Relive Surgery: Arthroscopic Latarjet
- Reading Shoulder Course, Reading* - Oct 2013
- Arthroscopic Latarjet: Complications & Indications
- Advanced Arthroscopic Shoulder Surgery Course, Coventry* - Sept 2013
- Arthroscopic Latarjet: Converting from open to arthroscopic
- Sternoclavicular arthroscopy; extending the boundaries
- Sports Surgery Meeting, Dublin* - Sept 2013
- Arthroscopic Bankart Repair: Technique and Indications
- Two Shoulders Arthroscopy Course, Cambridge* - Aug 2013
- Biceps Tenotomy or Tenodesis
- Arthroscopic Bankart Repair: Technique and Indications
- Advanced Arthroscopic Shoulder Meeting, Kiel* - May 2013
- Latarjet Procedure Complications
- Advanced Anterior Shoulder Arthroscopy Course, Coventry* - Apr 2013
- Tendons & Ligaments and Biological repair
- Cambridge Basic Science Course, Cambridge* - Mar 2013
- Transitioning from open to arthroscopic Latarjet
- Advanced Shoulder Surgery Meeting, Birmingham* - Mar 2013
- Arthroscopic SCJ excision
- Single row versus double row rotator cuff repair
- Shoulder Academy Meeting, York* - Feb 2013
- Arthroscopic Latarjet can be done safely
- Sternoclavicular arthroscopy
- Emerging Techniques in Orthopaedic Surgery, Las Vegas* - Dec 2012

- The management of chondral lesions in the shoulder of young athletes
- Sternoclavicular injuries
Sports Shoulder Meeting, Warwick - Dec 2012
- Arthroscopic Latarjet
What's new in the shoulder, Munich - Nov 2012
- Failed subacromial decompression: causes and management
- Sternoclavicular arthroscopy
Shoulder Tips & Tricks Course, Wroughton - Nov 2012
- The sternoclavicular joint: injuries and arthroscopy
World Sports Trauma Congress, London - Oct 2012
- The biceps-labral complex: An algorithm for diagnosis and treatment of SLAP tears
- Sternoclavicular Arthroscopy
Reading Advanced Shoulder Surgery Course, Reading - Oct 2012
- Conversion from open to arthroscopic Latarjet
Arthroscopic Latarjet Meeting, Derby - Oct 2012
- Arthroscopic management of anterior glenoid pathology
- Suprascapular nerve release
- Partial thickness rotator cuff repair
- Double row and single row rotator cuff repair
Global Masters course in Shoulder Surgery, York - Oct 2012
- Arthroscopic set-up and assessment of the shoulder
Manchester Core Shoulder Arthroscopy Course, Manchester - Oct 2012
- Arthroscopic Latarjet: Transitioning from open to arthroscopic
- Sternoclavicular Arthroscopy
Dublin Sports Surgery Meeting, Dublin - Sep 2012
- The sternoclavicular joint: Instructional Lecture
- SCJ reconstruction using a LARS ligament: expert commentary
BESS Annual Meeting, Torquay - June 2012
- Anterior & Posterior labral repair
Watanabe Reconstructive Course - Mar 2012
- Tendons & Ligaments
- Biological treatment for tendon repair
Cambridge Basic Science Revision Course - Mar 2012

- Clavicle fractures
- Sternoclavicular joint injuries
- Proximal humeral fractures
Fingertip to Shoulder Course, Cambridge - Mar 2012
- Portal anatomy & placement in arthroscopic shoulder surgery
Manchester Core Shoulder Arthroscopy Course Manchester - Mar 2012
- Biological treatments for rotator cuff disease
- Arthroscopic stabilisation
Advanced Shoulder Surgery Meeting, Birmingham - Feb 2012
- An algorithm for the management of the first time dislocator
- Revision shoulder stabilisation
Masterclass in Arthroscopic Shoulder Instability Surgery, Liverpool - Nov 2011
- Single row repair vs Double row repair
- SLAP Repair – How I do it
Shoulder Academy Meeting, York - Nov 2011
- The surgical management of SLAP tears
- Arthroscopic suprascapular nerve release
GEASS Meeting, Munich - Oct 2011
- Arthroscopic Stabilisation
- Double-row rotator cuff repair
- Arthroscopy of the Sternoclavicular Joint
Sports Surgery Meeting, Dublin - Sept 2011
- Indications for shoulder surgery in sports
Sports Surgery Masterclass, Cambridge - June 2011
- Biceps Tenodesis
Larnaca Shoulder Symposium, Larnaca - May 2011
- Arthroscopic anchors and knot tying
Basic Shoulder Arthroscopy Course, Colchester - Apr 2011
- Labral Tears
- Sternoclavicular Arthroscopy
Advanced Shoulder Arthroscopy Course, Brighton - Mar 2011
- Basic Science: Tendons & Ligaments
- Biological Treatments for Rotator Cuff Disease

- Cambridge Basic Science Revision Course, Cambridge* - Mar 2011
- The Management of Clavicle Fractures
 - Sternoclavicular Joint Injuries

Finger Tip to Shoulder Meeting, Cambridge - Mar 2011
- Arthroscopic Instability Surgery

Advanced Shoulder Arthroscopy Course, York - Nov 2010
- Management of Acute Sternoclavicular Injuries
 - Sternoclavicular Arthroscopy
 - The Management of Chondral Injuries to the Shoulder in Young Athletes

Sports Shoulder Surgery Meeting, Warwick - Nov 2010
- Advances in Arthroscopic Instability Surgery

Current Concepts in Shoulder Surgery, Larnaca - Oct 2010
- The Management of Partial Thickness Rotator Cuff Tears

Cadaveric Arthroscopy of the Shoulder Course, Nottingham - Oct 2010
- Arthroscopic Surgery for Bankart & SLAP Tears

Arthrex Shoulder Course, Munich - Oct 2010
- Biological Treatments for Rotator Cuff Repairs

To Knot or not to Knot Meeting, Reading - Oct 2010
- The Case for the 'Single Row' rotator cuff repair
 - Sternoclavicular Arthroscopy

Sports Surgery Meeting, Dublin - Sept 2010
- Diagnostic Shoulder Arthroscopy

Manchester Core Skills in Shoulder Arthroscopy - Jul 2010
- Principles of Shoulder Instability
 - Surgery for Shoulder Instability

Core-Curriculum Training, Glasgow - Jun 2010
- Sternoclavicular Arthroscopy

Shoulder 2 Shoulder Meeting, London - Apr 2010
- Basic Science: Tendons and Ligaments

Cambridge Basic Science Revision Course, Cambridge - Mar 2010
- Anchors, Knots & Suture Management

Advanced Shoulder Arthroscopy Course, Oxford - Mar 2010

- The rotator interval; anatomy, pathology and treatment strategies
- Double row v single row arthroscopic rotator cuff repair
- Management of the failed rotator cuff repair
Santander Shoulder Meeting, Santander - Feb 2010
- Shoulder instability anchors
S & N Global Shoulder Meeting, Orlando - Jan 2010
- SLAP Tears
Therapeutic Shoulder Arthroscopy Course, Newcastle - Nov 2009
- Internal Impingement
- SLAP Tears
Advanced International Shoulder Symposium, Liverpool - Nov 2009
- Arthroscopic Bankart Repair: Current Concepts
Dublin Sports Surgery Meeting, Dublin - Sept 2009
- Internal Impingement: Instructional Course Lecture
BESS Annual Meeting, London - June 2009
- Arthroscopic rotator cuff repairs
Larnaka Shoulder Meeting, Larnaca - May 2009
- Management of the traumatic first time & recurrent anterior shoulder dislocator
EAO Meeting - May 2009
- Management options for the treatment of glenohumeral chondral lesions
- & arthritis in the young athlete
- Arthroscopic instability surgery
- Causes for failure after anterior shoulder instability surgery
Sports Surgery Meeting, Warwick - May 2009
- SLAP Tears
Advanced Shoulder Surgery Course, Brighton - Mar 2009
- Indications for Instability surgery
Intermediate Shoulder Arthroscopy Course, London - Feb 2009
- Arthroscopic instability surgery: indications & techniques
- Rotator cuff disease
Pan-Cypriot Orthopaedic Conference, Nicosia - Dec 2008
- Equipment & set-up for arthroscopic shoulder surgery

- Manchester Core Skills in Arthroscopy Meeting, Manchester* - Dec 2008
- Arthroscopic instability surgery
- Anchors, knots & suture management
- Reconstructive Arthroscopic Shoulder Course, Edinburgh* - Nov 2008
- Open peri-articular fractures around the shoulder
- London Upper Limb Course, Brunel University, London* - Nov 2008
- Principles of arthroscopic instability surgery
- Principles of arthroscopic rotator cuff repairs
- Arthroscopic knot tying
- Shoulder Surgery for Sports Injuries, Dublin* - Sept 2008
- SLAP Tears: Tips & Tricks
- Master Techniques in Arthroscopic Shoulder Surgery, Manchester* - July 2008
- Diagnostic Arthroscopy
- Manchester Core Skills in Arthroscopy Meeting* - May 2008
- Diagnosis & management of the frozen shoulder
- The National Physiotherapy Meeting, Cambridge* - May 2008
- Anchors & Knot tying
- SLAP Tears
- Therapeutic Arthroscopic Shoulder Course, London* - Mar 2008
- Arthroscopic knot tying & portal placement
- Arthroscopic management of complex instability
- Arthroscopic SLAP tears
- Arthroscopic Subacromial surgery
- Arthroscopic suprascapular nerve release
- Arthroscopic capsular release
- Arthroscopic Biceps Tenodesis techniques
- Arthroscopic Subscapularis repair
- Advanced Shoulder Surgery Course, Brunel, London* - Feb 2008
- Single row versus double row rotator cuff repair
- *Controversies & Developments in Arthroscopic Rotator Cuff Repair* - Jan 2008
- Current concepts in anterior shoulder stability surgery
- Advanced Arthroscopic Shoulder Surgery Course, Liverpool* - Nov 2007

- SLAP Tears
Reconstructive Shoulder Arthroscopy Course, Edinburgh - Nov 2007
- Arthroscopic portal placement & knot tying techniques
- Arthroscopic stabilisation; techniques & results
- Arthroscopic SLAP repairs
- Arthroscopic subacromial decompression & AC joint surgery
- Arthroscopic biceps tenodesis; Biotenodesis technique
Advanced Shoulder Surgery Course, Salzburg - Sep 2007
- Arthroscopic knot tying; choice of knot & technique
Shoulder Surgery for Sports Injuries Course, Dublin - Sep 2007
- Arthroscopic instability repair techniques
5th International Shoulder Arthroscopy Course, Barcelona - Jun 2007
- Arthroscopic suture management
Reconstructive Shoulder Arthroscopy Course, Imperial London - Mar 2007
- Diagnostic arthroscopy
- Portal placement in arthroscopic shoulder surgery
Intermediate Shoulder Arthroscopy Course, Wrightington - Nov 2006
- Management of the first-time Dislocator
- The Current Position of Arthroscopic Shoulder Stabilisation
Liverpool Advanced Shoulder Arthroscopy Meeting, Liverpool - Nov 2006
- The arthroscopic management of labral tears
Advanced Shoulder Arthroscopy Course, Guy's London - Jun 2006
- Introduction to Shoulder Arthroscopy
- Arthroscopic Management of Shoulder Instability
- Arthroscopic Management of Rotator Cuff Disease
Shoulder Arthroscopy Meeting, Nicosia, Cyprus - Apr 2006
- Arthroscopic Instability Surgery
Shoulder Surgery for Sports Injuries Course, Dublin - Sep 2006
- Arthroscopic Labral Repair
Advanced Shoulder Arthroscopy Meeting, Nottingham - Jun 2005
- Advances in shoulder surgery
Orthopaedic Meeting, Padhar, India - Dec 2004
- Transglenoid arthroscopic stabilisation of the shoulder

- Advanced Shoulder Surgery Meeting, Edinburgh* - Oct 2004
- Shoulder arthroscopy; development, equipment & techniques
 - Arthroscopic instability surgery
 - Arthroscopic rotator cuff surgery
- Shanghai Peoples Hospital No 6, Shanghai, China* - May 2004
- Beijing Hospital, Beijing, China* - May 2004
- The management and treatment of shoulder dislocations

British Physiotherapy Association Annual Meeting - May 2004
- The management and treatment of shoulder dislocations

British Physiotherapy Association Annual Meeting - May 2004
- The arthroscopic management of adhesive capsulitis

Basic Shoulder Arthroscopy Course, Charing Cross - Nov 2003
- Thermal capsular shrinkage

Arthroscopic Shoulder & Elbow Course, Wrightington - Nov 2003

MEETINGS ORGANISED

- Convener - Shoulder Fellows Meeting, Munich 2019
- Convener - Shoulder Instability & Sports Injuries Course, Cambridge 2019
- Convener - Shoulder Fellows Meeting, Munich 2018
- Convener - Shoulder Fellows Meeting, Munich 2018
- Convener - Watanabe Meeting: Advanced Techniques Course, Watford 2017
- Convener - Shoulder Fellows Meeting, Munich 2017
- Co-Convener - Shoulder Fellows Meeting, Munich 2017
- Convener - Watanabe Meeting: Advanced Techniques Course, Cambridge 2016
- Convener - Watanabe Meeting: Advanced Techniques Course, York 2015
- Convener - Shoulder Controversies: Emerging Techniques, London 2015
- Co-Convener - Dublin Sports Surgery Meeting, Dublin 2015
- Convener - Watanabe Meeting: Therapeutic & Reconstructive, Cambridge 2015
- Co-Convener - Dublin Sports Surgery Meeting, Dublin 2014
- Co-Convener - Young Guns Shoulder Meeting, York 2014
- Convenor - Shoulder Controversies Meeting: Failed Arthro Surgery, York 2013
- Co-Convenor - Advanced Shoulder Surgery Meeting, Birmingham March 2013
- Convenor - Shoulder Academy Meeting, York 2013
- Convenor - Shoulder Academy Meeting, York 2011
- Organiser - Cadaveric Arthroscopy of the Shoulder Course, Nottingham 2010
- Organiser - Basic Shoulder Arthroscopy Course, Cambridge 2007
- Organiser - British Elbow and Shoulder Society Annual Meeting, Cambridge 2005
- Co-Convenor - Advanced Shoulder Surgery Meeting, Edinburgh 2004

LIVE SURGICAL DEMONSTRATIONS

- Open Latarjet Procedure
8th Shoulder Arthroscopy Live Shoulder Course, Birmingham - Mar 2019
- Arthroscopic Massive Rotator Cuff Repair
Shoulder Joint Preservation Masterclass, Berlin - June 2018
- Arthroscopic Stabilisation
- Arthroscopic Anterior Compartment Dissection
- Arthroscopic Suprascapular Nerve Release
UK Shoulder Masterclass Course, Munich - Oct 2016
- Arthroscopic Rotator Cuff Repair
- Arthroscopic Latarjet
Annecy Arthroscopic Arthroplasty Shoulder Academy, Annecy - Sept 2016
- Proximal Biceps Tenodesis
5th Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2016
- Arthroscopic Posterior Bone Block Stabilisation
4th Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2015
- Arthroscopic Stabilisation
- Arthroscopic Biceps Tenodesis
Shoulder Arthroscopy Live Surgery Course, Birmingham - Mar 2014
- Arthroscopic Sternoclavicular Joint Excision
Wrightington Hospital Theatres, Wrightington - June 2013
- Arthroscopic Type 5 SLAP repair
Advanced Shoulder Surgery Meeting, Birmingham - Mar 2013
- Arthroscopic Latarjet (cadaver)
Emerging Techniques in Orthopaedic Surgery, Las Vegas - Dec 2012
- Arthroscopic Double-Row Rotator Cuff Repair
Advanced Shoulder Surgery, Birmingham - Feb 2012
- Arthroscopic Double-Row Rotator Cuff Repair
To Knot or Not to Knot Meeting, Reading - Oct 2010
- Arthroscopic Stabilisation
- Arthroscopic SLAP Repair

- Arthroscopic Rotator Cuff Repair
Pan-Cypriot Orthopaedic Meeting, Nicosia - Dec 2008
- Arthroscopic Stabilisation
MTASS Course, Manchester - July 2008
- Arthroscopic Posterior Stabilisation
MTASS Course, Manchester - May 2007
- Arthroscopic Stabilisation x 2
- Arthroscopic Rotator Cuff Repair x 2
Shoulder Arthroscopy Course, Nicosia - Apr 2006
- Arthroscopic Stabilisation
Orthopaedic Surgery Meeting, Padhar, India - Dec 2004
- Arthroscopic Shoulder Stabilisation
- Arthroscopic Rotator Cuff Repair
Shoulder Surgery Symposium, Beijing - May 2004
- Arthroscopic Stabilisation x 2
- Arthroscopic Stabilisation
Shoulder Surgery Symposium, Shanghai - May 2004

FACULTY MEETINGS

- 5th Shoulder Fellows Meeting, Munich 2018 Munich, April 2019
- 8th Shoulder Arthroscopy Live Shoulder Surgery Meeting Birmingham, Mar 2019
- Cambridge Basic Science Course Cambridge, Mar 2019
- Shoulder Instability & Sports Injuries Course Cambridge, Jan 2019
- Saudi Orthopaedic Association Annual Meeting Jeddah, Dec 2018
- Saudi Arthroscopy Meeting Jeddah, Dec 2018
- Watanabe Meeting Edinburgh, Nov 2018
- 4th Shoulder Fellowship Course Munich, Oct 2018
- SICOT 39th International Meeting Montreal, Oct 2018
- SECEC Annual Meeting Geneva, Sept 2018
- Elbow Arthroscopy Course Cambridge, June 2018
- Shoulder Preservation Masterclass Munich, June 2018
- Complex Upper Extremity Trauma Meeting Berlin, June 2018
- 3rd London Shoulder Meeting London, May 2018
- 2nd Dubai Shoulder Course Dubai, Apr 2018
- Advanced Shoulder Surgery Course Dubai, Apr 2018
- 3rd Shoulder Fellowship Course Munich, Apr 2018
- Cambridge Basic Science Course Cambridge, Feb 2018
- 7th Shoulder Arthroscopy Live Shoulder Surgery Meeting Birmingham, Feb 2018
- SICOT 38th International Meeting Cape Town, Nov 2017
- Elbow Approaches and Trauma Masterclass Cape Town, Nov 2017
- Percivall Pott Club London, Nov 2017
- Leeds Sports Injury Meeting Leeds, Nov 2017
- Watanabe Meeting Watford, Nov 2017
- 2nd Shoulder Fellowship Course Munich, Oct 2017
- Fortius International Sports Injury Conference London, Sept 2017
- Elbow Arthroscopy Course Cambridge, June 2017
- 1st Shoulder Fellowship Course Munich, June 2017
- London Shoulder Meeting London, May 2017
- UK Shoulder Masterclass Munich, April 2017
- Norwich FRCS Course Norwich, Mar 2017
- Irish Core-Orthopaedic Training Meeting Dublin, Mar 2017
- Cambridge Basic Science Course Cambridge, Mar 2017
- 6th Shoulder Arthroscopy Live Shoulder Surgery Meeting Birmingham, Mar 2017
- 4th Elbow Approaches and Trauma Masterclass Cambridge, Dec 2016
- Watanabe Meeting Cambridge, Nov 2016
- UK Shoulder Group Meeting Munich, Nov 2016
- UK Shoulder Masterclass Meeting Munich, Oct 2016
- MCh Orth Programme Cambridge, Oct 2016
- Fingertip-to-Shoulder Meeting Cambridge, Oct 2016
- Annecy Arthroscopic Arthroplasty Shoulder Meeting Annecy, Sept 2016
- BESS Annual Meeting Dublin, June 2016

• Elbow Arthroscopy Course	Cambridge, June 2016
• The “Stephen Copeland Memorial” Shoulder Meeting	Reading, Mar 2016
• 5 th Shoulder Arthroscopy Live Shoulder Surgery Meeting	Birmingham, Mar 2016
• Cambridge Basic Science Course	Cambridge, Mar 2016
• Steve Copeland Memorial Meeting	Reading, Mar 2016
• Elbow Approaches & Trauma Masterclass	Cambridge, Dec 2015
• UK Shoulder Study Group	Munich, Nov 2015
• Advanced Live Surgery Shoulder Course	Crewe, Nov 2015
• Watanabe Meeting	York, Nov 2015
• Shoulder Surgery Update	Munich, Oct 2015
• Shoulder Controversies: Emerging Techniques	London, Sept 2015
• Dublin Sports Shoulder Meeting	Dublin, Sept 2015
• Cadaveric Elbow Arthroscopy Course	Cambridge, June 2015
• Rotator Cuff Masterclass	Liverpool, May 2015
• Elbow Arthroscopy Course	York, April 2015
• Watanabe Meeting	Cambridge, Mar 2015
• Cambridge Basic Science Course	Cambridge, Mar 2015
• 4 th Shoulder Arthroscopy Live Shoulder Surgery Meeting	Birmingham, Mar 2015
• Sports Shoulder 14	Coventry, Dec 2014
• Anterior Space Arthroscopy Meeting	Coventry, Nov 2014
• Watanabe Meeting	York, Nov 2014
• EFORT Shoulder Arthroplasty Forum	Limassol, Nov 2014
• Cypriot Association of Ortho & Trauma	Limassol, Nov 2014
• Dublin Sports Surgery Meeting	Dublin, Sept 2014
• The Edinburgh International Trauma Symposium	Edinburgh, Aug 2014
• The Edinburgh International Instructional Trauma Course	Edinburgh, Aug 2014
• Young Guns Shoulder Meeting	York, June 2014
• Cambridge Basic Science Revision Course	Cambridge, Mar 2014
• Shoulder Arthroscopy Live Surgery Course	Birmingham, Mar 2014
• Norwegian Arthroscopy Association Annual Meeting	Lillehammer, Jan 2014
• Shoulder controversies: failed arthroscopic surgery	York, Dec 2013
• What’s new in the shoulder	Munich, Nov 2013
• Reading Shoulder Course	Reading, Oct 2013
• Advanced Arthroscopic Shoulder Surgery Meeting	Coventry, Sept 2013
• Dublin Sports Surgery Meeting	Dublin, Sept 2013
• Two Shoulders Arthroscopy Course	Cambridge, Aug 2013
• Advanced Arthroscopic Shoulder Meeting	Kiel, May 2013
• Advanced Anterior Shoulder Arthroscopy Course	Coventry, Apr 2013
• Cambridge Basic Science Revision Course	Cambridge, Mar 2013
• Advanced Shoulder Surgery Meeting	Birmingham, Mar 2013
• Shoulder Academy Meeting	York, Feb 2013
• Emerging Techniques in Orthopaedic surgery	Las Vegas, Dec 2012
• Sports Shoulder Surgery Meeting	Warwick, Dec 2012
• What’s new in the shoulder?	Munich, Nov 2012

• Shoulder Tips & Tricks Course	Wrightington, Nov 2012
• World Sports Trauma Congress	London, Oct 2012
• Reading Advanced Shoulder Surgery Course	Reading, Oct 2012
• Arthroscopic Latarjet Meeting	Derby, Oct 2012
• Global Masters Course in Shoulder Surgery	York, Oct 2012
• Manchester Core Shoulder Arthroscopy Course	Manchester, Oct 2012
• Dublin Sports Surgery Meeting	Dublin, Sep 2012
• BESS Annual Meeting	Torquay, June 2012
• Watanabe Reconstructive Course	Brighton, Mar 2012
• Cambridge Basic science Revision Course	Cambridge, Mar 2012
• Fingertip to Shoulder Course	Cambridge, Mar 2012
• Manchester Core Shoulder Arthroscopy Course	Manchester, Mar 2012
• Advanced Shoulder Surgery	Birmingham, Feb 2012
• Masterclass in Shoulder Instability Surgery	Liverpool, Nov 2011
• Shoulder Academy Meeting	York, Nov 2011
• GEASS Meeting	Munich, Oct 2011
• Sports Surgery Meeting	Dublin, Sept 2011
• Larnaca Shoulder Symposium	Larnaca, May 2011
• Basic Shoulder Arthroscopy Course	Colchester, Apr 2011
• Advanced Shoulder Arthroscopy Meeting: Watanabe	Brighton, Mar 2011
• Cambridge Basic Science Revision Course	Cambridge, Mar 2011
• Fingertip to Shoulder Course	Cambridge, Mar 2011
• Manchester Live Surgery Course	Manchester, Nov 2010
• Advanced Shoulder Arthroscopy Meeting: Watanabe	York, Nov 2010
• Sports Shoulder Surgery Course	Warwick, Nov 2010
• Current Concepts in Shoulder Surgery	Larnaca, Oct 2010
• Cadaveric Arthroscopy of the Shoulder Course	Nottingham, Oct 2010
• Arthrex Shoulder Surgery Course	Munich, Oct 2010
• To Knot or Not to Knot Meeting	Reading, Oct 2010
• Shoulder Surgery for Sports Injuries	Dublin, Sept 2010
• Manchester Core Skills in Shoulder Arthroscopy	Manchester, July 2010
• Shoulder 2 Shoulder Meeting	London, Apr 2010
• Cambridge Basic Science Revision Course	Cambridge, Mar 2010
• Advanced Shoulder Surgery Meeting: Watanabe	Oxford, Mar 2010
• Santander Shoulder Meeting	Santander, Feb 2010
• S & N Global Shoulder Meeting	Orlando, Jan 2010
• Therapeutic Shoulder Arthroscopy Course: Watanabe	Newcastle, Nov 2009
• Advanced International Shoulder Symposium	Liverpool, Nov 2009
• Cypriot Arthroscopy Course	Nicosia, Oct 2009
• Manchester Core Skills in Shoulder Arthroscopy	Manchester, Sept 2009
• Shoulder Surgery for Sports Injuries	Dublin, Sept 2009
• BESS Meeting	London, June 2009
• Future of Arthroscopy Meeting	Windsor, June 2009
• Larnaka Shoulder Meeting	Larnaca, May 2009

- Sports Shoulder
 - Advanced Shoulder Surgery Course: Watanabe
 - Intermediate Shoulder Arthroscopy Course
 - Pan-Cypriot Orthopaedic Meeting
 - Manchester Core Skills in Arthroscopy Course
 - Reconstructive Shoulder Arthroscopy Meeting: Watanabe
 - London Upper Limb Course
 - Shoulder Surgery for Sports Injuries
 - Arthroscopic Shoulder Surgery Course
 - Master Techniques in Arthroscopic Shoulder Surgery
 - Manchester Core Skills in Shoulder Arthroscopy
 - Reconstructive Arthroscopic Shoulder Course: Watanabe
 - Advanced Shoulder Surgery Course
 - Controversies in Arthroscopic Cuff Repair
 - Basic Shoulder Arthroscopy Course
 - Advanced Arthroscopic Shoulder Surgery Course
 - Reconstructive Shoulder Arthroscopy Course: Watanabe
 - Advanced Shoulder Surgery Course
 - Shoulder Surgery for Sports Injuries
 - Future of Arthroscopy Meeting
 - Basic Shoulder Arthroscopy Course
 - 5th International Shoulder Arthroscopy Course
 - Master Techniques in Arthroscopic Shoulder Surgery
 - Basic Shoulder Arthroscopy Course
 - Reconstructive Shoulder Arthroscopy Course: Watanabe
 - Intermediate Shoulder Arthroscopy Course: Watanabe
 - Liverpool Advanced Shoulder Arthroscopy Course
 - Basic Shoulder Arthroscopy Course
 - Shoulder Surgery for Sports Injuries
 - Advanced Shoulder Arthroscopy Course: Watanabe
 - Shoulder Arthroscopy Meeting
 - Shoulder Surgery for Sports Injuries
 - BESS Meeting
 - Advanced Shoulder Arthroscopy Course: Watanabe
 - Orthopaedic Surgery Meeting
 - Advanced Shoulder Surgery Meeting
 - Shoulder Surgery for Sports Injuries
 - Shoulder Surgery Symposium
 - Shoulder Surgery Symposium
 - Basic Shoulder Arthroscopy Course: Watanabe
 - Shoulder Surgery for Sports Injuries
 - Watanabe Inaugural Meeting
 - Orthopaedic Veterinary Society
 - Total Shoulder Course
- Warwick, May 2009
 - Brighton, Mar 2009
 - London, Feb 2009
 - Nicosia, Dec 2008
 - Manchester, Dec 2008
 - Edinburgh, Nov 2008
 - London, Nov 2008
 - Dublin, Sept 2008
 - Edinburgh, July 2008
 - Manchester, July 2008
 - Manchester, May 2008
 - London, Mar 2008
 - London, Feb 2008
 - Coventry, Jan 2008
 - Bristol, Nov 2007
 - Liverpool, Nov 2007
 - Edinburgh, Nov 2007
 - Salzburg, Sept 2007
 - Dublin, Sept 2007
 - Windsor, Sept 2007
 - Cambridge, Jun 2007
 - Barcelona, Jun 2007
 - Manchester, May 2007
 - Manchester, March 2007
 - London, March 2007
 - Wrightington, Nov 2006
 - Liverpool, Nov 2006
 - Manchester, Oct 2006
 - Dublin, Sep 2006
 - London, Jun 2006
 - Nicosia, Cyprus, Apr 2006
 - Dublin, Sept 2005
 - Cambridge, Jul 2005
 - Nottingham, Jun 2005
 - Padhar, India, Dec 2004
 - Edinburgh, Oct 2004
 - Dublin, Sept 2004
 - Biejing, May 2004
 - Shanghai, May 2004
 - Charing Cross, Nov 2003
 - Dublin, Sept 2003
 - York, Apr 2003
 - Lake Louise, Feb 2001
 - Toronto, Jan 2001

- ATLS Instructor
- ATLS Instructor
- Knee Ligament Reconstruction Course

Toronto, Sept 2000
Cambridge, May 2000
Edinburgh, April 1997

CURRENT RESEARCH PROJECTS

- Fractures at the medial end of the clavicle
- Prospective study of the management of first-time anterior shoulder dislocators
- The use of DGEMRIC MRI to assess articular cartilage damage following anterior shoulder dislocation

TEACHING

- Founder member of the Watanabe Group – a dedicated group of arthroscopic shoulder surgeons who run and teach regular basic to advanced shoulder surgery courses
- Regularly invited to lecture, teach and undertake surgical demonstrations at various national & international shoulder surgery meetings
- Organise and teach the Shoulder & Elbow training for the East Anglia Registrar Training Programme
- Lecture and teach Junior Doctors and Medical Students at Addenbrooke's Hospital

Demonstrator in Anatomy
Lecturer in Anthropology
Anatomy Supervisor

Cambridge University
Cambridge University
Caius, Jesus & Queens Colleges

COMMITTEE APPOINTMENTS

- BESS – Professional Practice Committee
- BESS – Commissioning Guideline Committee (Instability)

MEMBERSHIP OF LEARNED SOCIETIES

- British Medical Association 1990
- Royal College of Surgeons 1994
- British Orthopaedic Association 1996
- British Orthopaedic Sports Trauma Association 1996

- International Cartilage Repair Society 2001
- British Elbow & Shoulder Society 2003
- Faculty of Sports & Exercise Medicine 2007
- European Society for Surgery of the Shoulder & Elbow 2009